

## **Bethany Food Bank Donation Collection Points: Volunteers' addresses**

To comply with social distancing measures, please drop off your donation in the front porch of the volunteer's house. If you want to ring the bell then say 'hello' from a safe distance, that'd be good too - we'd like to say 'thank you'!

### **Knowle Area Volunteers:**

- Denise Williams: 28, Abbotts Close, Knowle B93 9PP
- Gita Gorman: 33, Whateley Hall Road, Knowle B93 9NN

### **Bentley Heath Area Volunteers:**

- Daphne Morgan: 64, Widney Road, Bentley Heath
- Jody Fallon: 91, Widney Road, Bentley Heath B93 9EA

### **Dorridge Area Volunteers:**

- Louise Furlong: 57, Chadworth Avenue, Dorridge B93 8SW
- Sarah Service: 91, Hanbury Road, Dorridge B93 8DL
- Penny Garner: 48, Grange Road, Dorridge B93 8QS
- Cathy Grimley: 5, Arden Drive, Dorridge B93 8LP (Co-ordinating)  
Contact no. : 07758 447355 in case of problems/queries

### **Balsall Common Area Volunteer:**

- Lesley Murtagh: 36, Arden Close, Balsall Common CV7 7NY

### **Monkspath Area Volunteers:**

- Moushumi Moran: 3, Talton Close, Monkspath B90 4UX
- Lisa Boyle: 34, Welham Croft, Monkspath B90 4UU

## Food Bank

<p><b><u>Baby Products</u></b></p> <p>Vaseline</p> <p>Sudocrem</p> <p>Nappy Cream</p> <p>Cotton Wool</p> <p>Baby Wipes</p> <p>Disposable Nappies</p> <p>Baby Food Jars/Pouches</p> <p>Baby Milk</p> <p>Nappy Sacks</p>	<p><b><u>Food Tins/ Cartons</u></b></p> <p>Tinned Soups</p> <p>Cup-a-Soups</p> <p>Tinned Sweetcorn</p> <p>Tinned Carrots</p> <p>Tinned Potatoes</p> <p>Tinned Spaghetti Hoops</p> <p>Tinned Tomatoes</p> <p>Tinned Chickpeas</p> <p>Tinned Salmon (Pink or Red)</p> <p>Tinned Tuna</p> <p>Tinned Corned Beef</p> <p>Hot Dog Sausages (Tin or Jar)</p> <p>Tomato Puree</p> <p>Baked Beans</p> <p>Spaghetti in tomato sauce</p> <p>Packets of Pasta in Sauce</p> <p>Custard (Tins or Cartons)</p> <p>Tinned Fruit – any</p> <p>Ready Jelly Pots</p>	<p><b><u>Store Cupboard items</u></b></p> <p>Tea bags</p> <p>Coffee</p> <p>Hot Chocolate Powder</p> <p>UHT Milk Cartons</p> <p>Sugar/ Artificial Sweetener</p> <p>Microwaveable Rice</p> <p>Dried Rice</p> <p>Dried Pasta</p> <p>Fajita Packs/ Tacos etc.</p> <p>Lasagne Sheets</p> <p>Vegetable Oil</p> <p>Vinegar/ Salt / Pepper</p> <p>Mayonnaise</p> <p>Tomato Ketchup/ Sauces</p> <p>Cooking Sauce Jars/Packs</p> <p>Plain Flour</p> <p>Stock Cubes/ Instant Gravy</p> <p>Marmite/ Jam/ Honey</p> <p>Fruit Squash bottles</p>
<p><b><u>Toiletries</u></b></p> <p>Soap</p> <p>Tissues</p> <p>Toilet Roll</p> <p>Shower Gel</p> <p>Bath Cream</p> <p>Shampoo</p> <p>Conditioner</p> <p>Sanitary Towels</p> <p>Tampons</p> <p>Toothpaste – adult</p> <p>Toothbrushes – adult</p> <p>Toothpaste – child</p> <p>Toothbrushes – child</p> <p>Calpol</p> <p>Children’s Ibuprofen</p> <p>Paracetamol</p> <p>Adult Ibuprofen</p> <p>Disposable Razors</p> <p>Shaving Foam/Gel</p> <p>Deodorant – Mens</p> <p>Deodorant - Womens</p>	<p><b><u>Cereals/Biscuits/ Cakes</u></b></p> <p>Breakfast Cereals/ Porridge</p> <p>Cereal Bars</p> <p>Biscuits</p> <p>Wrapped Choc Biscuits</p> <p>Boxed Cakes</p> <p><b><u>Bread items</u></b></p> <p>Part-baked baguettes (sealed)</p> <p>Part-baked Petits Pains</p> <p>Bagels</p> <p>Crispbreads</p> <p>Waffles/ Pancakes Packs</p>	<p><b><u>Other Essentials</u></b></p> <p>Kitchen Roll</p> <p>Aluminium Foil</p> <p>Cling Film</p> <p>Antibacterial Cleaner</p> <p>Bleach</p> <p>Toilet Cleaner</p> <p>Washing up Liquid</p> <p>Sponges/ Scouring Pads</p> <p>Food Bags</p> <p>Washing Tablets</p> <p>Fabric Conditioner</p>

**Welcome Items List (NB – no perishable goods please)**